

The ABA Update



September 1, 2022

A Season of Creation

It may seem odd that, following the World Day of Prayer for Creation on September 1, the Season of Creation continues through October 4 - the feast day of St. Francis of Assisi, patron saint of ecology.

In the weeks leading up to the autumn equinox.

These are the days when leaves on the trees turn gorgeous reds and golds, harvests are completed and the earth goes dormant in expectation of winter (in the Northern Hemisphere, at any rate). It might not seem like a season of creation, perhaps better timed for spring.

Yet, it is a grand reminder of how all people, all creatures and plant life, are in a constant cycle of re-creation. St. Benedict understood this, as his Rule proves through wise guidance on spiritual growth while emphasizing practices for a balanced life.

For the American Benedictine Academy, founded in 1947 and celebrating 75 years, the cycle of re-creation continues with the new president and vice president settling in to their duties, along with two new board members.

Fairly soon, reminders will be sent out about renewing memberships for 2023 (for those who have not already done so).

It is all a part of the cycle of life, a continual season of creation. As Pope Francis' *Laudato Si'* points out, "The urgent challenge to protect our common home includes a concern to bring the whole human family together to seek a sustainable and integral development, for we know that things can change."

May we, as we follow St. Benedict's wise counsel, be that change.

Peace!

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